

OCTOBER | 2021

Covington High/Middle School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27 This Institution is an Equal Opportunity Provider.	28 This Institution is an Equal Opportunity Provider.	29 This Institution is an Equal Opportunity Provider.	30 This Institution is an Equal Opportunity Provider.	1 French Toast Sticks Breaded Chicken on Bun Green Beans
4 Cheesy Omelet & Toast BBQ Pulled Pork On Bun Corn	5 Breakfast Pizza Chicken Taco Refried Beans Lettuce, Salsa, Cheese Sour Cream/Ranch	6 Sausage & Cheese Biscuit Pizza Baby Carrots W/Ranch Peach Crisp	7 Breakfast Pizza Popcorn Chicken Mashed Potatoes W/Gravy, Green Beans Roll	8 Pancake on a Stick Mini Corn Dogs Broccoli & Cheese Apple Slices W/PB Cup
11 Egg & Cheese Biscuit Grilled Chicken on Bun Peas	12 E-Learning Day	13 E-Learning Day	14 Fall Break	15 Fall Break
18 Yogurt W/Graham Cracker Ham & Potato Cassarole Broccoli & Cheese Biscuit	19 Breakfast Pizza Quesadilla Black Beans, Lettuce Cheese, Salsa Sour Cream/Ranch	20 Breakfast Burrito Pizza Baby Carrots W/Ranch Cookie	21 Breakfast Pizza Lasagna W/Meat Sauce Peas Texas Toast	22 Pancake on a Stick BBQ Rib on Bun Corn
25 Cheesy Omelet & Toast Hot Dog on Bun Baked Beans	26 Breakfast Pizza Chicken Fajitas Refried Beans Lettuce, Cheese, Salsa Sour Cream/Ranch	27 Sausage & Cheese Biscuit Calzone's Broccoli & Cheese Cookie	28 Breakfast Pizza Chicken & Noodles Mashed Potatoes Green Beans Roll	29 French Toast Sticks Breaded Chicken on Bun Carrots

News
Breakfast
7:45-8:00

Meal Prices
Breakfast
Student: \$1.50
Reduced: \$0.30
Adult: \$2.50
Milk or Juice: \$0.50

Lunch
Student: \$2.45
Adult: \$4.60
Breakfast Choices
Cereal, Muffins,
Poptart, Milk, Juice
& Fruit

Daily Lunch Choices
Pb&J W/String
Cheese, Sandwiches
Fruit, 2 Veggies &
Choice of Milk.

Payments may be
made Online

Menu Subject to Change/Available Items